

## **July 2024**



VARI - Varied

	Sunday		Monday		Tuesday	W	ednesday		Thursday		Friday	5	Saturday
		1		2		3		4		5		6	
			Trivia - TV			10:30am	Ball/Bean Bag	10:30am		10:30am	n News & Views - TV		
		2:30pm	live enterainment - VARI	2:30pm		2:30pm	Toss - DINE Bingo - DINE	2:30nm	VARI Gardening - SGAR	2:30pm	Bowling - TV	2:30pm	Ladder Ball - TV
		6:30pm		6:30pm	Word Games		_		Exercise - VAR	6:30pm	Movie Night - TV		
		'		·	DINE	·	VARI	• •			Movie Night	F	Block
7		8		9		10		11		12		13	
10:30am	TV Church Servic	e  10:30am	•				Ring Toss - VARI	10:30am	News & Views - TV				Basketball - VARI
2:30pm	Bingo - DINE	2·30nm	Detective - DINE Bowling - T		Card Games		Gardening - SGAR Hymn Sing - TV	2:30pm	Bingo - Will	2:30pm	Beach Ball Fun - DINE	•	Seasonal Craft - DINE
			Dice Game - DINE	0.50pm	DINE	0.500111	Tryttiin Sing	6:30pm	Cardio Jan	6:30pm	Movie Night		DIVE
14		15	,	16		17	V V V V	18		19		20	
10:30am	n TV Church Servic	e 10:30am	News & Views - TV		Cardio Jam - DINE			10:30am	•	10:30an	n Shuffle Board -		Antique Roadshow
2:30pm	Bingo - DINE	2:30pm	Bowling - TV	2:30pm	Seasonal Craft - DINE		Bingo - DINE	2.20nm	VARI Gardening - SGAR	2.20nm	VARI		- VARI Ladder Ball - TV
	- [h	6:30pm	Basketball - VARI	6:30pm		0.30pm	Dice Game - Dine		Cardio Jam	•		2.30pm	Lauder Ball - IV
	1	3		, , , , , , , , , , , , , , , , , , , ,	Toss - DINE		7 21 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2						
21		22		23		24		25		26		27	
10:30am	TV Church Servic	e 10:00am			_	10:30am	Ball/Bean Bag				n Chair Yoga - VARI		
2:30pm	Bingo - DINE	2:30nm	SGAR Bowling - TV		Painting - DINE Shuffle Board	2:30pm	Toss - DINE		Bingo - DINE Cardio Jan VARI	2:30pm	Opening Ceremony - FLOB		Toss - DINI Basketball VARI
		•	Stretching	0.50pm	VARI	-	Name that Sound	0.50pm		6:30pm	Movie Night TV	2.50pm	Dasketbarra
	6 7 10 23 10 10 10 10 10 10 10 10 10 10 10 10 10	•	Exercise - VAR				- VARI			•		-	TAXY
28		29		30		31							
10:30am	TV Church Servic	e  10:30am	Group Chat - VARI	10:30am			Ladder Ball - TV						
2:30pm	Bingo - DINE	2:30pm	Olympics Bowling	2·30nm	DINE Seasonal Craft		Bingo - DINE Olympics Trivia -						
		m .	- I V	2.30pm	DINE music heals	·	TV						
		6:30pm	Shuffle Board - VARI	6:30pm	Fort Garry Chair								
	K	•	.,		DINE		14 110 31 63 20 40 0 0 23 34 60	•					

DINE - Dining Room FLOB - Front Lobby SGAR - Serenity Gardens TV - TV Room ~ PLEASE NOTE: SOME PROGRAMS MAY BE SUBJECT TO CHANGE WITHOUT NOTICE ~