



GOLDEN DOOR MONTHLY MEAL MENU

October 2024



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	29	30	1	2	3	4	5	
LUNCH	Cream of Celery Soup Popcorn Chicken & Fries Peas & Carrots Mandarin Oranges	Kale & White Bean Soup BBQ Chicken on a Bun Caesar Salad Apples	Borscht Soup Perogies & Bangers Baked Beans Mandarins	Cream of Potato Dill Soup Turkey Sandwich on Cran Watermelon & Feta Salad Pears	Turkey Barley Soup Hot Dog & Fries Coleslaw Apricots	French Onion Soup Big Mac Salad Dinner Bun Tropical Fruit	Chicken Noodle Soup Fruit Plate w/ Muffin Cottage Cheese Brownies	
DINNER	Roast Turkey Mashed Potatoes Turnips Cherry Pie	Beef Stew Herb Potatoes Chef's Choice Vegetables Bannock & Blueberries	Beef Spaghetti Bake Garlic Bread Butternut Squash Black Forest Cupcakes	Country Fried Chicken Mashed Potatoes Green Beans Ice Cream	Basa Fillets Lemon Potatoes Brussel Sprouts Blueberry Tarts	Herbed Turkey Breast Scalloped Potatoes Diced Carrots Lemon Bar	S&S Beef Meatballs White rice Oriental Veg Cream puffs	
	6	7	8	9	10	11	12	
LUNCH	Hungarian Beef & Potato Soup Alfredo Ravioli Peas & Carrots Fruit Salad	Tuscan Artichoke Soup Sloppy Joes Turnips Pineapples	Beef Lentil Soup Swiss Mushroom Melt Diced Carrots Cantaloupe	Thai Butternut Squash Soup Grilled Chicken Salad Potato Chips Peaches	Cream of Tomato Soup Hamburger Orzo Salad & Dill Pickle Watermelon	Broccoli & Feta Soup Chopped Italian Sandwich Cucumber & Tomato Salad Pears	Chicken Minestrone Soup Waffles & Sausage Rhubarb Compote Mandarin Oranges	
DINNER	Pork Roast Mashed Potatoes Green Bean Casserole Apple Pie	Coconut Lime Chicken Baked Potatoes Italian Blend Vegetables Pear Blondie	Basa Fillets White rice Broccoli Florets Cannoli Tart	Beef Lasagne Garlic Knots Pick of the Day Veg Cherry Cobbler	Honey BBQ Pork Loin Paprika Potatoes Buttered Corn Carrot Cake	Beef Chili Mashed Potatoes Turnips Rice Pudding	Turkey Meatloaf Cornbread Diced Carrots Lemon Macaroon Bars	
	13	14	15	16	17	18	19	
LUNCH	Pesto & White Bean Soup Fish Sticks & Tots Creamy Coleslaw Tropical Fruit	Thanksgiving	Tomato Lentil Soup Chicken Finger Caesar Salad Dinner Bun Honeydew Melon	Hearty Vegetable Soup Beef Taco Casserole Diced Carrots Peaches	Corn Chowder Ham & Swiss Sandwich Pickled Beets Apples	BBQ Baked Bean Soup Cheeseburger Potato Salad Apricots	Lemon Chicken Orzo Soup Spinach Dip Grill Cheese Tomato Basil Salad Pears	RRP&Cauliflower Soup Sausage Pizza Bun Tossed Salad Pineapple
DINNER	Beef Roast Herbed Potatoes Brussel Sprouts French Silk Pie	Roast Turkey Mashed Potatoes Chef's Choice Vegetable Pumpkin Pie	Chicken Cacciatore Roast Potatoes California Veg Apple Crisp	Pork Tortiere Garlic Mashed Potatoes Butternut Squash Danishes	Turkey Schnitzel Latkes Italian Vegetables Donuts	Sole Fillets Rice Pilaf Oriental Vegetables Apple Turnovers	Beef Shephards Pie Broccoli Florets Brownies	
	20	21	22	23	24	25	26	
LUNCH	Cream of Celery Soup Popcorn Chicken & Fries Peas & Carrots Mandarin Oranges	Beef & Barley Soup Perogy Casserole Buttered Peas Mandarin Oranges	Cream of Mushroom Soup Beef & Cabbage Casserole Mashed Potatoes Pears	French Onion Soup Corned Beef on Rye Beet & Apple Salad Tropical Fruit	Minestrone Soup Hot Dog Macaroni Salad Mixed Berries	Cream of Leek Soup Pepperoni Pizza Bun Caesaer Salad Peaches	Tratatouille Soup Big Mac Sandwich Cucumber & onion Salad Apples	
DINNER	Roast Turkey Mashed Potatoes Turnips Cherry Pie	Beef Stew Roasted Potatoes California Vegetables Apple Turnovers	Spinach & Sausage Pasta Cheesey Garlic Bread Diced Carrots Brownies	Cornflake Fried Chicken Mashed Potatoes Green Beans Ice Cream	Breaded Basa Fillets French Fries Italian Vegetables Snickerdoodle Squares	Lazy Beef Enchiladas Paprika Potatoes Peas & Carrots Buttertarts	Beef Shephards Pie Broccoli Florets Brownies	
	27	28	29	30	31	November	1	
LUNCH	Carrot & Ginger Soup Cod Nuggets French Fres Apricots	Spinach, Chicken, White Bean Macaroni & Cheese Stewed Tomatoes Pineapple	Borscht Soup Hot Turkey Sandwich Glazed Turnips Pears	Creamy Zucchini & Carrot Chicken Burger French Fries Mandarin Oranges	Mushroom & Wild Rice Hamburger Potato Salad Mangoes	Cream of Tomato Soup Grilled Cheese Sandwich Cold Pea & Carrot Salad Apricots	Red Lentil & Pumpkin Soup Tzatziki Chicken Salad Green Bean & Onion Salad Tropical Fruit	
DINNER	Pork Roast Mashed Potatoes Brussel Sprouts Apple Cranberry Pie	Chicken w/ Garlic Parm. Buttered Egg Noodles Broccoli Florets Danishes	Sole Fillets Rice Pilaf Diced Carrots Chocolate Ganache Tarts	Baked Ham Scalloped Potatoes California Vegetables Pear Blondies	Herbed Turkey Thigh Mashed Potatoes Italian Vegetables Gingerbread Cake	Beef Pastitsio Garlic Knots Butternut Squash Peach Blueberry Crisp	Honey Mustard Chicken Potato Wedges Oriental Veg Rice Pudding	

*Breakfast Served Daily at 8:30 a.m. Options include: eggs, sausage, hot cereal, cold cereal, toast, pastries, and yogurt.
Snacks consisting of cookies, fruit, muffins, juice, coffee and tea are offered to Residents three (3) times per day.*

~ PLEASE NOTE: SOME MEALS MAY BE SUBJECT FOR SPECIAL EVENTS ~